

### Short Term Exchange Program 2017 (summer camp) NL5

# See, Sail & Smile

Discover the Netherlands by land & water

Rotary club Etten-Leur and Cuijk ▶ from Saturday 15 July 2017 until Saturday 29 July 2017

#### Introduction

It's a great pleasure for the Rotary clubs of Etten-Leur and Cuijk to invite you to take part in the Netherlands See, Sail & Smile Short Term Exchange Program 2017. We have put together a challenging, varied and balanced programme, to give you an impression of life in the Netherlands.

#### Our theme: "See, Sail & Smile"

The Netherlands is a country that has been battling against the waters for centuries – and winning! In fact, more than half of our country is below sea-level. Following our worst natural disaster, the 'Watersnood' North Sea floods of 1953, we built and strengthened mounds and our famous dykes. This led to the creation of our famous polders. It is sometimes said that God created the world but the Dutch created the Netherlands.

#### A varied and challenging programme

The packed programme includes city trips to Breda, Enkhuizen and, of course, Amsterdam. And we'll also be taking you to the Belgium city of Antwerp. In addition to a range of sporting activities, we'll also be going to museums and a couple of great theme parks. The highlight of this exchange will undoubtedly be the amazing sailing trip on the largest lake in the Netherlands: the IJsselmeer! But, don't worry, there'll also be plenty of time to relax and sample real Dutch home life with your host family.

Host Country	►	The Netherlands
Host Clubs	Þ	Rotary club Etten-Leur (15 July 2017 – 22 July 2017). District 1610
		Rotary club Cuijk (22 July 2017 – 29 July 2017). District 1550
Arrival	Þ	Saturday 15 July 2017. Preferably between 09.00 and 17.00 hours. Airport: Amsterdam Schiphol.
Aim of Camp	Þ	Come and get to know the Netherlands. After introducing you to the south of the country, you'll spend the second week sailing on the famous IJssel Lake (IJsselmeer), visiting Amsterdam and other amazing places as well.
Participants	•	14 in total. Limited to a max. of 2 participants per country: one boy, one girl.
Age	►	16 - 18 years.
Language	Þ	English – a good level



Accommodation	►	1 <sup>st</sup> week - home stay with an Etten-Leur Rotarian
		2 <sup>nd</sup> week - home stay with a Cuijk Rotarian, followed by 5 days' sailing, before returning to your host family for the farewell party.

### All activities will be assisted by Rotarian members or professional sailing assistants.

Departure	•	Saturday 29 July, 2017. Preferably between 9.00 and 17.00 hours. Airport: Amsterdam Schiphol.
Insurance	Þ	Participants must be insured against illness, accident and third party damage in accordance with Rotary International Requirements.
Cost	Þ	€ 250,= per person, to be paid into our account in advance following confirmation of registration and Application Forms.
Communication	Þ	Before and during the stay, we will provide participants with a login code for a social media account such as Facebook. This way, you'll be able to send messages and photographs to other participants (and your family during your stay).

# Agenda 1st week From Saturday 15 July 2017 to Saturday 22 July 2017

Saturday 15 July	•	Arrival at airport Amsterdam. Transfer to Etten-Leur. Meet your host family. In the evening a Meet & Greet party for the whole group.
Sunday 16 July	•	Visit to the house where Vincent van Gogh was born in Zundert. See this fascinating artist in a new light: in his home setting. Group barbeque.
		http://www.vangoghbrabant.nl/en
Monday 17 July	Þ	Discover the Belgium city of Antwerp: a tour through this bustling Belgium city, with its rich history, culture and gastronomic delights.
		http://www.visitantwerpen.be/en



Tuesday 18 July	Holland Waterland; the fight against the water. On the island of Neeltje Jans, the Delta Works tell an important part of Dutch history. Followed by chill-time on the beach.
	http://www.neeltjejans.nl/en
Wednesday 19 July	Image: The Efteling is our biggest theme park, with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park, with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park, with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park, with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our biggest theme park with fairy-tale rides and spectacular rollercoasters, all set in beautiful parkland.         Image: The Efteling is our bigg
Thursday 20 July	Let's go shopping: discover the regal city of Breda on a GPS tour. We'll make sure there's plenty of time to visit some of the many specialist shops, so you can buy gifts to take home.
	http://www.vvvbreda.nl/en/3
Friday 21 July	<ul> <li>Creative day: surprise event.</li> <li>In the evening: Bye-Bye barbeque</li> </ul>



## Agenda 2nd week ▶ from Saturday 22 July 2017 to Saturday 29 July 2017

Saturday 22 July		Transfer from Rotary club Etten-Leur to Rotary club Cuijk Welcome party in the evening at the home of the Rotary club President. Overnight stay with your host family.
Sunday 23 July	►	Daytime activity in the local area. Overnight stay with your host family.
		Image: http://www.broedertrouw.com/       http://friesland.nl/en/ijsselmeer/         http://friesland.nl/en/ijsselmeer/       http://friesland.nl/en/ijsselmeer/
Monday 24 July - Friday 28 July	•	Your amazing sailing experience starts in the northern part of the Netherlands on the sailing ship "Broedertrouw", where you'll be joined by 14 young participants from the Cuijk Rotary club. This ship is equipped with all the sailing attributes but also has a fuel-driven engine to help out if the wind is low. This stunning vessel has 15 2-man sleeping cabinets. Breakfast, lunch and dinner is prepared in the galley kitchen (kombuis) and served in the elegant dining room. You will be sailing along the coast of the Ijssel lake, visiting various towns and en route, include the tourist-haven of Volendam, the fishing port of Enkhuizen and, of course, Amsterdam. We'll also be taking in museums and other cultural and education sites as well as fitting in time for shopping and fun. And, naturally, they'll be bags of opportunities to relax on board and drive in for a swim. No need to say that all participants must be strong swimmers. Your See, Sail & Smile exchange ends with a final farewell party.
Saturday 29 July	►	Transfer to airport.

This agenda is preliminary and subject to change. Final details will be sent to participants nearer the time.

